

Midday Prayer

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen



Opening Sentences

One thing I have asked of the Lord,
this is what I seek:
that I may dwell in the house of the Lord
all the days of my life;
to behold the beauty of the Lord
and to seek Him in His temple.

Who is it that you seek?

We seek the Lord our God.

Do you seek Him with all your heart?

Amen. Lord, have mercy.

Do you seek Him with all your soul?

Amen. Lord, have mercy.

Do you seek Him with all your mind?

Amen. Lord, have mercy.

Do you seek Him with all your strength?

Amen. Christ, have mercy.

Declaration of faith

To whom shall we go?

**You have the words of eternal life,
and we have believed and have come to
know that You are the Holy One of God.
Praise to You, Lord Jesus Christ,
King of endless glory.**

Scripture Reading

Meditation

Prayers for Others

Canticle

Christ, as a light

illumine and guide me.

Christ, as a shield

overshadow me.

Christ under me;

Christ over me;

Christ beside me on my left and my right.

This day be within and without me,

lowly and meek, yet all-powerful.

Be in the heart of each to whom I speak;

in the mouth of each who speaks unto me.

This day be within and without me,

lowly and meek, yet all-powerful.

Christ as a light;

Christ as a shield;

Christ beside me on my left and my right.

Blessing

May the peace of the Lord Christ go with you,
wherever He may send you.

May He guide you through the wilderness,
protect you through the storm.

May He bring you home rejoicing

at the wonders He has shown you.

May He bring you home rejoicing

once again into our doors.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen