Soda Bread Recipe

Soda bread

350g / 12 oz wholemeal flour

100g / 4 oz plain flour

5 ml / 1 tsp salt

10ml / 2tsp bicarbonate of soda

50g / 2 oz butter

225ml / 8 fl oz milk

150g / 5 oz natural yoghurt

Preparation in advance: Mix together the flours, salt, bicarbonate of soda. Rub in the butter until mixture resembles fine breadcrumbs. Add milk and yoghurt and mix to a soft dough. Knead lightly.

Activity:

Child shapes small ball of dough into a bread roll and places on baking parchment on baking tray. Score each roll with a deep cross.

Bake in pre-heated oven (220°C/gas mark 7) for 15-20 mins.

